



Covenant Christian

High School

2013

~
2014



the 1990s, the number of people with a mental health problem has increased by 50% (Mental Health Foundation 1999). The prevalence of mental health problems has increased in the general population, and the incidence of mental health problems has increased in the prison population.

There is a growing awareness of the need to address the mental health needs of prisoners. The Department of Health (2000) has published a strategy for mental health services, which includes a commitment to improve the mental health of prisoners. The Department of Health (2000) has also published a strategy for mental health services, which includes a commitment to improve the mental health of prisoners.

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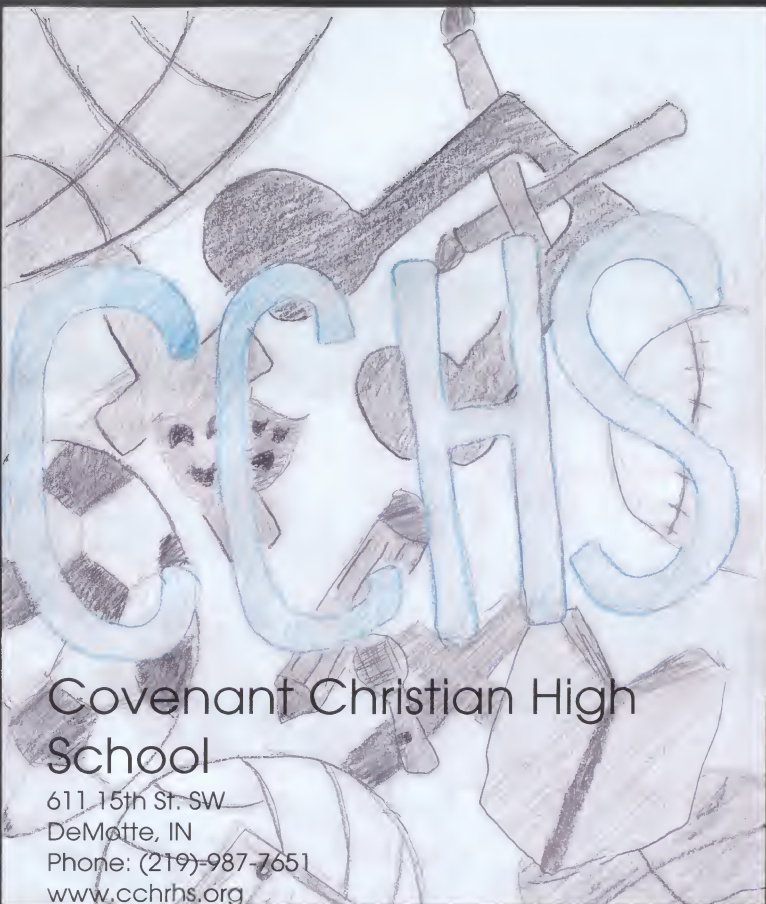
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Covenant Christian High School

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Martin Van Kley
Pam Van Zyl
Joel Vrieland



Patty Wetselaar
Gayle Zeldenrust



Not Shown: Pastor James Clark, Lois DeVries, Dennis Lins, Tim Stegenga, and Madra Funderburg.



Mr. Oudman with Cody Stegenga



Mr. Nanninga jogs in the Knights 5K Run



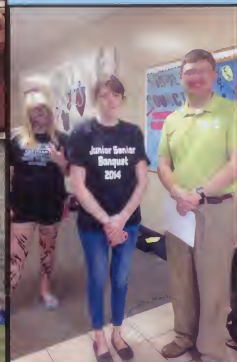
Mr. Stegenga with his favorite workers, Morgan Van Zyl and Sydney Vander Tuin



Left: Mr. Dunham shares a tender moment with Ronald McDonald in Guatemala



Ms. Schutt, Mrs. Zeldenrust, and Mr. Nanninga survey the chaos of the Spring Mixer



Casual hallway photo featuring Carli, Miss Boman, and Mr. Vrieland



Seniors

Elizabeth Arlene Bakker



I instruct you in the way of wisdom
and lead you along straight paths.
Let your eyes look straight ahead; fix
your gaze directly before you. Give
careful thought to the paths for your
feet and be steadfast in all your ways.
Proverbs 4:11, 25-26



Calandra Mae Beezhold



Thy word is a lamp unto my feet
and a light unto my path.
Psalm 119:105



Class of 2014

Tyler Jay Bogaard

Have I not commanded you? Be strong
and courageous. Do not be terrified;
do not be discouraged, for the Lord
your God will be with you
wherever you go.

Joshua 1:9



Melitta Brummel

I can do everything through Him who
gives me strength.

Philippians 4:13



Megan Joy Buiter

Turn my eyes away from worthless
things; preserve my life according
to Your Word.

Psalms 119:37



Seniors

Carli Jeanette Dekker



She is clothed with strength and
dignity; she can laugh at the days
to come.

Proverbs 31:25



Rachael Christine De Graff



Not only so, but we also rejoice in our
sufferings, because we know that
suffering produces perseverance;
perseverance, character; and
character, hope.
Romans 5:3-4



Class of 2014

Isaiah James DeVries

And we know in all things God works for
the good of those who love Him, who
have been called
according to His purpose.

Romans 8:28



Paige Anne Dewes

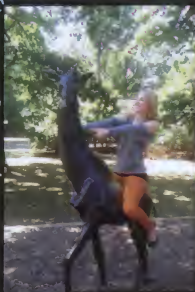
What, then, shall we say in response to
these things? If God is for us,
who can be against us?

Romans 8:31



Adrienne C. Funderburg

Let us acknowledge the Lord;
let us press on to acknowledge Him.
As surely as the sun rises He will appear
He will come to us like the winter rains
like the spring rains that water the earth.
Hosea 6:3



Seniors

Justin Handtke



The fear of the Lord is the beginning
of knowledge, but fools despise
wisdom and instruction.

Proverbs 1:7



Heather Huizenga



Do not be anxious about anything,
in every situation, by prayer and
petition, with thanksgiving, present
your requests to God. And the peace
of God, which transcends all
understanding, will guard your hearts
and your minds in Christ Jesus.

Philippians 4:6-7



Class of 2014

Courtney Mae Kalma

But thanks be to God! He gives us the victory through our Lord Jesus Christ. Therefore, my dear brothers and sisters, stand firm. Let nothing move you. Always give yourselves fully to the work of the Lord, because you know that your labor in the Lord is not in vain.

1 Corinthians 15:57-58

Malachi Kristoff

I thank Christ Jesus our Lord, who has given me strength, that He considered me trustworthy, appointing me to His service.

1 Timothy 1:12

Amanda Sue Manley

Be strong and courageous. Do not be afraid or terrified because of them, for the Lord your God goes with you; He will never leave you nor forsake you.

Deuteronomy 31:6



Seniors

Jessica Marie McMahon



The people that walked in darkness
have seen a great light: they that
dwell in the land of the shadow of
death, upon them hath the light shined.

Isaiah 9:2



John Alan Mulder



Everyone who believes that Jesus
Christ is born of God, and everyone
who loves the father loves His child as
well. This is how we know we know that
we love the children of God: by loving
God and carrying out His commands.

1 John 5:1-2



Class of 2014

Riley Charles Newsome

Blessed are the peacemakers, for
they will be called sons of God.

Matthew 5:9

Sydney Jade Schakel

Now faith is being sure of what we
hope for and certain of what we do
not see.

Hebrews 11:1

Keegan Geneen Starkey

But I will sing of Your strength, in the
morning I will sing of Your love;
for You are my fortress,
my refuge in times of trouble.

Psalms 59:16



Seniors

Sarah Mckenzie Uffelman



For the Spirit God gave us does not
make us timid, but gives us power,
love and self-discipline.

2 Timothy 1:7



John Matthew VanKley



Have I not commanded you?
Be strong and courageous.
Do not be terrified; do not be
discouraged, for the Lord your God
will be with you wherever you go.

Joshua 1:9



Class of 2014

Carly Alane VanRavenswaay



I can do all things through Him
who gives me strength.
Philippians 4:13



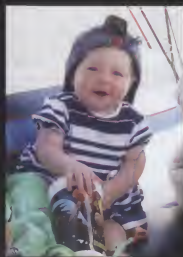
Morgan Faith VanZyl



"For I know the plans I have for you,"
declares the Lord, "plans to prosper you
and not to harm you, plans to give you
hope and a future."
Jeremiah 29:11



Courtney Sue VanderMeer



Now faith is being sure of what we hope
for and certain of what we do not see.
Hebrews 11:1



Seniors

Carrie Mae Vander Molen



And we know that in all things
God works for the good of those
who love Him, who have been called
according to His purpose.

Romans 8:28



Sydney Shae Vander Tuin

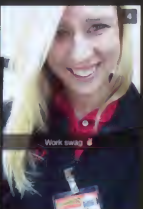
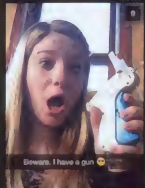
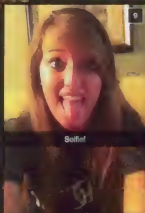
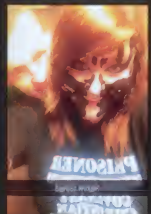
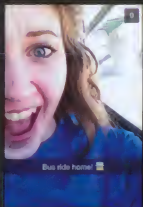
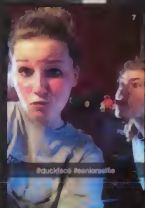
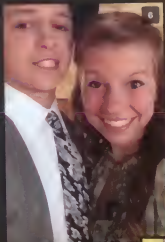
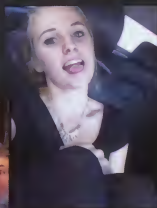
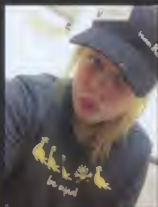


Know also that wisdom is sweet to
your soul; if you find it,
there is a future hope for you,
and your hope will not be cut off.
Proverbs 24:14



Class of 2014

#SeniorSelfie



but first... let me take a selfie.

Senior Wills

I, **Elizabeth**, will my calm personality to **Rachel S.**

I, **Calandra**, will my blocking ability to **Nicki DB.**

I, **Tyler**, will the ability to creep on couples to **Jake B.**

I, **Melitta**, will the sneakiness to eat in Dunham's classes to **Augustine B.**

I, **Megan**, will Princess Sophia to **Rachel S.** You know you want her.

I, **Rachael**, will Mad Gab Fridays and the frequent use of the S.O.S. to **Mackenna VT, Kaitlyn Z,** and **Emily S.**

I, **Carli**, will the tension to **Mackenna VT.**

I, **Isaiah**, will "head action" from your brother and the #7 jersey to **Jake B.** I will the ability and opportunity to high-five other underclassmen and be as awkward as possible in the hallway to the **freshmen boys.**

I, **Paige**, will the line between Sydney and my parking spots to **Sophia VK** and the ability to annoy and sidetrack Val during cheer practice to **Hailey H.** and **Tony F.**

I, **Adrienne**, will the best high school experience ever and awesome friendships that will last even after they graduate to the **current freshmen.**

I, **Justin**, will my ability to get weird at CCHS sport events to **Isaac P.** and John McCain to **Jake B.** Take care of him.

I, **Heather**, will my love for softball to **Karlie Klomp.**

I, **Courtney**, will the Grannies in Training positions of President and Vice President to **Kirsten D.** and **Tana R.**
I, **Malachi**, will my opinionated Republican/correct views to **Kurt VM** and the annoying Spring Break quote to **Cody S.**
I, **Amanda**, will my *Twilight* lanyard to **Paige C.** and my love of volleyball managing and reading to **Shannon M.**
I, **Jessy**, will the creepiness to say the "My collection" phrase to **Nicki DB.**
I, **Sydney S.**, will the #3 in soccer to **Sophia VK** and Sophie's arm to **Ezra S.** Never let it get milk alone.
I, **Keegan**, will my tendency to randomly burst into song to **Nicki DB** and love of choir to **Paige C.** and **Karlie K.**
I, **Sarah**, will my love for *The Walking Dead* and *The Big Bang Theory* to **Paige C.** and Jenna's constant jibber jabber all day to **Erin R.**
I, **John VK**, will my Commander in Chief position and ginger army to **Andy (Spanky) C.** and my PDA talents to **Gabe S.** Use them well.
I, **Carly**, will my bossiness of the volleyball girls to **Claire M.**
I, **Morgan**, will my sports managing skills to **Bethany VZ** and **Kirsten DB.**
I, **Courtney VM**, will Gossip Club to **Kaylin VM** and **Jenna T.**
I, **Carrie**, will my Chapel praise team leadership and not allowing Vrieland to speak at Chapel to **Tana R.**
I, **Sydney VT**, will Ashley's awkwardness to **Mackenna VT** and my "farm" to **Emily S.**

SENIOR SERVICE WEEK



The roof crew and their brooms

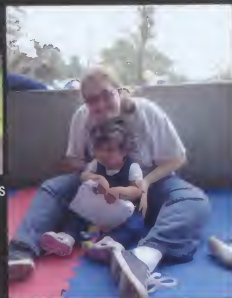


(Above) All dressed up for Sunday. (Right) Two children at Casa Bernabe holding hands.





The Guatemalan and American teams take a group photo



GRADUATION



Class Song-Our God is Greater



*Class Speaker-
Carrie VanderMolen*

*Commencement Address-
Dan DeGraff*

*"Commit to the Lord whatever you do,
and he will establish your plans."*

Proverbs 16:3



Recognizing faculty



*19 of the 27 graduates
decorated their caps*



Adrienne and Isaiah celebrate getting their diplomas

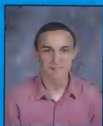


A very glittery Oudman



JUNIORS

Andy Bober
Augustine Brummel
Justin Dahm
Jacob DeBoer
Kirsten DeBoer



Luke Dexter
Jennifer Heerema
Noah Hoek
Alexandria Holm-Hansen
Jason Kikkert



Kevin Kingma
Brian Kish
Hannah Lins
Emily McGee
David Nanninga



Jacob Patton
Suzanna Postma
Tana Ryken
Katy Schultz
Rachel Schurman



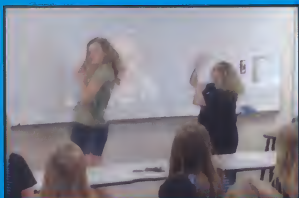
Jordan Sheeres
Brandon Sheets
Ben Smit
Larz Stanford
Emily Tonner



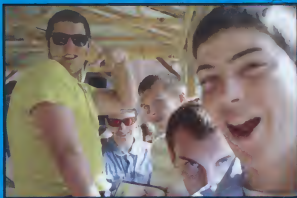
Sophia Van Keppel
Bethany Van Zyl



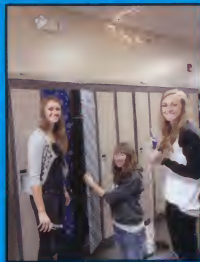
CLASS OF 2015



Left: Rachel and Amanda show us their moves
Right: The boys take a selfie on Service Week



Above: Climbing a mountain in Kentucky!
Right: Jason, Brandon, Noah, and Luke as Mario and The Three Blind Mice at banquet



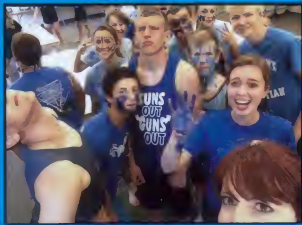
Kirsten, Suzy, and Jennifer decorate a locker



Brian and Jordan sneakingly wait for their classmate on the first day of school



Above: Hannah and Kirsten take out Karlie during the Spring mixer.



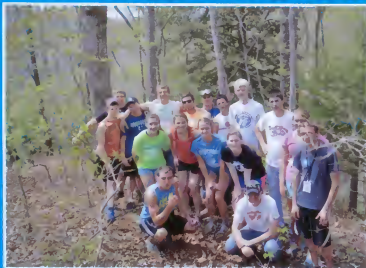
Left: Pre-Mixer selfie with Miss Boman

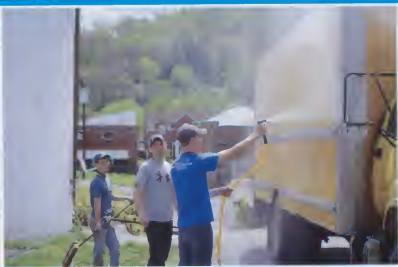
Junior Service Week



Sunday morning the junior class enjoyed different church experiences.

Students enjoyed hiking and hanging out before meal times.

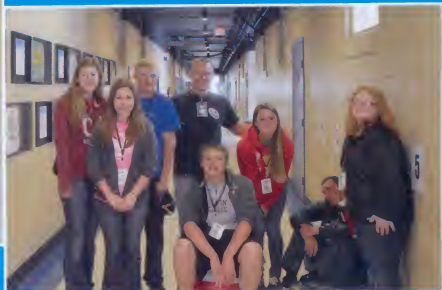




Kevin, Noah, and Brian power wash a truck.



The Veteran's Center
Compassionate Heart
God's Closet
Construction at Tyler's home
Grounds work
School and after-school program



Above: With director Kevin Rogers before leaving for the school and Compassionate Heart



SOPHOMORES

Ariel Allman
Whittaker Anderson
Jake Bowers
Krystine Buckmaster
Renae Buiter



Tim Bultema
Paige Carpenter
Scarlett Dennis
Allison Eades
Emma Grube



Karlie Klomp
Angela Long
Shannon Martin
Jacob McGee
Claire Miller



Samuel Patton
Colin Quigg
Whitney Rouster
Dennis Ruano
Rossana Ruano



Frankie Slayton



CLASS OF 2016



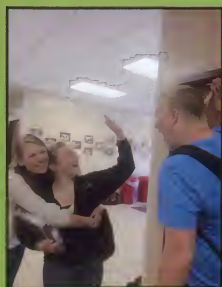
Preston Smith
Gabe Sparks
Emily Spender
Cody Stegenga
Justin Van Autreve



Isaiah Van Winkle
Kurt Vander Molen
Mackenna Vander Tuin
Kaitlyn Zeldenrust
Caleb Zuidema



Fun on Service Week!



Claire, Emily, and Cody
share a moment



Girls before the Fall Mixer



Colin decorates the halls

Sophomore



Tim, Colin, and Isaiah split wood at Camp Tall Turf



Day 2 Log Splitting Crew before Ariel yelled, "I quit!"



Sam and Claire race to put more wood on the pile



Assembly line for loading wood

Service Week

Team Work!



Picking up trash at
"Grandma's" house



Below: Emily bemoans
using the bleach!

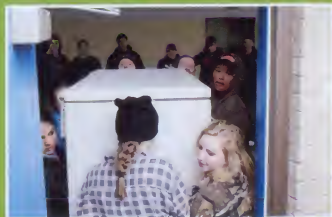


The Cleaning Crew is off to the
Attema's house



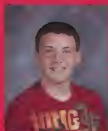
Left:
Gabe and
Isaiah
tag
clothing

Right:
Heavy
lifting



FRESHMEN

Isabella Bogaard
Andrew Cohen
Isaac Cohen
Josh Cohen
Nicki DeBoer



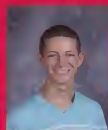
Toni Forden
Devin Heemstra
Jacob Heerema
Jimmy Holmes
Corey Holm-Hansen



Haley Huizenga
Ben Kickert
Heidi Lins
Katie Nieuwbeerta
Isaac Porte



Clayton Propst
Erin Ryken
Ezra Schakel
Alyssa Sheeres
Quinten Stanford



Emmi Starkey
John Stuhlmacher
Jeff Terpstra
Jenna Terpstra
Kaiden Tolkamp



Jenna Uffelman
Kaylin VanderMeer



CLASS OF 2017



Katie takes a break from volleyball to pose!



Freshmen intimidation at the fall mixer!
From L to R: Kaiden, Isaac, Jimmy, Ezra, Jeff
Back: Josh, Jacob, Ben



Alyssa and Quinten exchange an orange
at the Fall Mixer



Erin, Kaylin, Allison (10th), Nicki and Katie
after the musical



Toni gets her victim
in the dunk tank

Freshmen Service Week



A day of work at Christian Haven and school



Students worked at Restoration Ministries
for two days

Right: Erin and Haley
sort items at RCM



Freshmen cleaned and sorted
reusable items and played
basketball with kids at
Roseland Christian Ministries



This service week provided times for bonding throughout the week

Clubs & Committees

Student Council



L-R: Mr. Dunham (**Faculty Advisor**), Quinten Stanford, Jason Kikkert, Sam Patton, Tyler Bogaard (**Treasurer**), Heather Huizenga (**President**), Justin Handtke (**Secretary**), Hannah Lins, Alyssa Sheeres, Renae Buiter
Bottom: Adrienne Funderburg (**Vice President**)

Yearbook Committee



L-R: Jessie McMahon,
Keegan Starkey, Jenna Terpstra,
Sydney Vander Tuin (**Vice President**),
Rachael DeGraff (**President**), Miss
Boman (**Faculty Advisor**), Carli
Dekker, Mackenna Vander Tuin,
Claire Miller, Emily Spender,
Kaitlyn Zeldenrust

Chapel Committee

L-R: Malachi Kristoff,
Courtney VanderMeer,
Rachel Schurman,
Frankie Slayton,
Carrie VanderMolen,
Jessie McMahon,
Amanda Manly,
Keegan Starkey,
Tana Ryken, Jacob Patton,
Mr. Vrieland
(**Faculty Advisor**)



The 2013-14 Chapel theme was "Heroes vs. Villains"

Digital Productions Club

L-R: Tyler Bogaard,
Jessy McMahon,
Miss Boman
(Faculty Advisor),
Adrienne Funderburg,
Riley Newsome,
Keegan Starkey, Augustine
Brummel, Alyssa Sheeres,
Kaiden Tolkamp,
Emmi Starkey,
Clayton Propst, John Mulder



Crochet Club “Granny's-in-Training”



L-R: Courtney Kalma
(Founder/President),
Kirsten DeBoer, Tana Ryken,
Keegan Starkey, Erin Ryken,
Miss Boman **(Faculty Advisor)**

Clubs & Committees

Chess Club



L-R: Mr. Dunham (**Faculty Advisor**), Jake Bowers, Isaiah DeVries, Tyler Bogaard, Malachi Kristoff, Brian Kish, Justin Handtke, Jordan Sheeres, Jason Kikkert, David Nanninga, Riley Newsome, Adrienne Funderburg, Justin Dahm, Jacob DeBoer, Suzy Postma, Colin Quigg (Not pictured: Sam Patton)

Sam was the winner of this year's Chess Tournament!
Runner-up was Brian Kish.

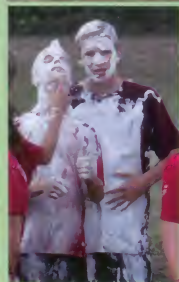
Fall Mixer



The Seniors winning in volley ball!



Allison Eades, Jake Bowers, and Kaitlyn Zeldenrust play the awkward orange game



Ben Kickert struggles to get out of a puddle

Spring Mixer



Bella takes Ben down!



Below: Justin and Mr. deJager are sent to the dunk tank



Courtney, Justin, Adrienne, and Malachi prepare the pre-mixer cook-out



Seniors John, Tyler, Justin, and John M face each other



Jessy makes her way across the tarp



Corey, Tim, Jake, and Jacob lounge on the tarp

Unbelievable Banquet



The *Despicable Me* crew



Our Bigger or Better finds!



Christmas Decorating



Isaiah and Justin pose while decorating for their hall



Kaylin and Alyssa at work on a banner



Junior and Senior girls make stars for the "Starry Night"



North Hall vs.



South Hall



Wrapping lockers is always a good way to make the hall look festive



Carrie and Jessie show us their ugly Christmas sweaters

Covenant's Fall Play...

Meet Me in St. Louis



Starring:

Adrienne Funderburg as Rose

Hannah Lins as Esther

Kaylin VanderMeer as Agnes

Nicki DeBoer as Tootie

Kaiden Tolkamp as Lon

Riley Newsome as Mr. Smith

Keegan Starkey as Mrs. Smith

Sam Patton as Grandpa

Jessy McMahon as Katie

Tyler Bogaard as Jon

Colin Quigg as Fred

Tana Ryken as Ida

Heather Huizenga as Lucille

David Nanninga as Mr. Dodge

Caleb Zuidema as Duffy

Andrew Cohen as the Conductor

Directed by Lois DeVries

Student Directed by

Rachael De Graff



"I'm going, you don't have to throw the lamp!" -Jon



"No! Go away, Fred Gregory, I'm warning you!" -Esther



"Here you damned anarchists!" -the Conductor



"They...they... Look at me!" -Duffy



"The fireworks are starting!"

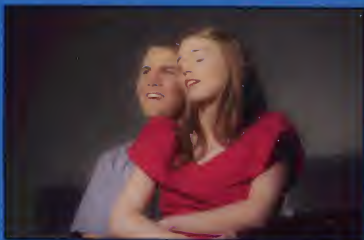


Backstage Crew: Josh Cohen, Erin Ryken, Jenna Terpstra, Rachael De Graff, Courtney VanderMeer, Jacob DeBoer

Spring Musical: State Fair



"Our State Fair is a great state fair!"



Wayne (Tyler) and
Emily (Adrienne) sing "So Far"



Below: Pat (Riley) sings "The Man I
Used to Be" to Margy (Carrie)



"Friend your more than just a
friend," The farmers
(Kaiden, John, Rachel, and Sam) sing
of their beloved pigs.



Vvian and Jeanne
(Courtney and Kaylin) sing with Pat



Directed by Lois DeVries
Student Directed by
Rachael De Graff



Cast:

Isabella Bogaard
Andrew Cohen
Heidi DeBoer
Katie Nieuwbeerta
Erin Ryken
Emelia Starkey
Kaiden Tolkamp
Jenna Uffelman
Kaylin VanderMeer
Allison Eades
Sam Patton
Colin Quigg
Cody Stegenga
Kirsten DeBoer
Jennifer Heerema
Hannah Lins
David Nanninga
Suzy Postma
Tana Ryken
Rachel Schurman
Emily Tonner
Bethany Van Zyl
Tyler Bogaard
Adrienne Funderburg
Jessy McMahon
Riley Newsome
Sydney Schakel
Keegan Starkey
John Van Kley
Carrie VanderMolen
Courtney VanderMeer

Crew:

Issac Porte
Josh Cohen
Ariel Allman
Jacob DeBoer
Jacob Patton

Curtain Call!

Band



Mrs. DeVries directs the band on Veterans' Day at the American Legion.



The band performs at the winter concert.



The band performs at the spring concert.



Erin Ryken, Claire Miller, and Emma Grube participate in ISSMA with their mentor Mrs. Funderburg



Choir



Mrs. Funderburg directs the choir on Veterans' Day at the American Legion.



The choir performs at the winter concert.



Advanced Choir



DMC Students join for a song.

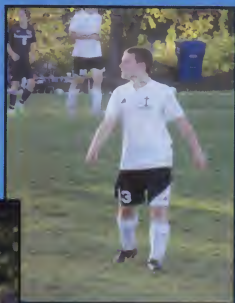
MEN'S SOCCER

JV

Riley Newsome
 Luke Dexter
 Jordan Sheeres
 Larz Stanford
 Jacob McGee
 Dennis Ruano
 Cody Stegenga
 Kurt VanderMolen
 Caleb Zuidema
 Jacob Heerema
 Kaiden Tolkamp
 Quinten Stanford
 John Stuhlmacher
 Isaac Cohen
 Josh Cohen
 Isaac Porte
 Ezra Schakel



WINS: 3
LOSSES: 3
TIES: 4



Above: Freshman
 Josh Cohen surveys
 the field

VARSITY



WINS: 9

LOSSES: 9

Below: the team present themselves to the crowd

Tyler Bogaard
Isaiah DeVries
Justin Handtke
Malachi Kristoff
Riley Newsome
John Van Kley
Justin Dahm
Luke Dexter
Jason Kikkert
Brian Kish

Jordan Sheeres
Brandon Sheets
Larz Stanford
Jake Bowers
Isaac Cohen
Josh Cohen
Jacob Heerema
Isaac Porte
Kaiden Tolkamp
Ezra Schakel



Well
done,
seniors



Juniors Brandon Sheets and Justin Dahm advance plays for the Knights.



Seniors Justin and John lead the team in offense and defense respectively.

LADY KNIGHTS SOCCER



#13 - ADRIENNE FUNDERBURG

#2 - CARRIE VANDERMOLLEN

#0 - PAIGE DEWES

#3 - SYDNEY SCHAKEL

#5 - ALEXANDRIA HOLM-HANSEN

#9 - HANNAH LINS

#6 - SOPHIA VAN KEPPEL

#1 - ALLISON EADES

#7 - ROSSANA RUANO

#15 - WHITNEY ROUSTER

#14 - ALYSSA SHEERES

#12 - HEIDI LINS

#10 - ISABELLA BOGAARD

MANAGER: KEEGAN STARKEY

COACHED BY: AARON DE JAGER, KRISTEN ZEILENGA, AND JIM ZEILENGA



THROW IN BY ALLISON



SCORE BY ACE!



ALYSSA WITH THE ENEMY ON HER
TAIL

9 WINS
8 LOSSES
1 TIE

WALLA WALLA BING BANG!!



ADRIENNE LETTING LOOSE WITH A
DROP-KICK WHILE BELLA WATCHES



CATCH THAT BALL, WHITNEY!



ALEX ANTICIPATING THE BALL

VOLLEYBALL

ARS ITY



Senior Night with parents



Bump, Set, Spike!



Blocked!



We'll miss our
Seniors



Our coach, Miss Boman!



Won: 8
Lost: 10

- #1 Courtney Kalma
- #2 Tana Ryken
- #3 Calli Beezhold
- #4 Bethany Van Zyl
- #5 Elizabeth Bakker
- #6 Jennifer Heerema
- #7 Courtney VanderMeer
- #8 Megan Buiter
- #9 Mackenna Vander Tuin
- #10 Renae Buiter
- #11 Kirsten DeBoer
- #12 Rachel Schurman
- #13 Paige Carpenter



Mangers: Rachael De Graff, Amanda Manley Carly Van Ravenswaay, Morgan Van Zyl, Shannon Martin, Claire Miller, and Jenna Terpstra.

Spike
line



Huddle
up!



Renae awaits the ball



Nice spike, Paige!



Look at those faces!



Good teamwork

Coach Sherry Schurman

- #2 Katie Nieuwbeerta
- #3 Nicki DeBoer
- #4 Karlie Klomp
- #5 Kaylin VanderMeer
- #7 Mackenna Vander Tuin
- #8 Erin Ryken
- #9 Kaitlyn Zeldenrust
- #10 Frankie Slayton
- #12 Renae Buiter
- #14 Ariel Allman
- #16 Paige Carpenter
- #20 Jenna Uffelman



J V O L L E Y B A L L

MEN'S JV BASKETBALL



Starter Quinten Stanford takes the court



Jacob is open



Cody waits for the pass

Jeff Terpstra #10
 Quinten Stanford #12
 Larz Stanford #15
 Ben Kickert #20
 Jacob Heerema #23

Caleb Zuidema #32
 Jimmy Holmes #33
 Cody Stegenga #50
 Jacob DeBoer #15
 Coach Dave Schurman



Jeff for three!



Jimmy and Jacob playing defense



Scatter!



Ezra loves Brandon

MEN'S VARSITY BASKETBALL



Johnny watches
the action
Jason takes it to
the hoop

Box out!



Jeff Terpstra #10
Quinten Stanford #12
Brandon Sheets #14
Jacob DeBoer #15
John Van Kley #20
Ben Kickert #21
Noah Hoek #22
Jacob Heerema #23



Jimmy Holmes #24
Jake Bowers #33
Luke Dexter #34
Jason Kickert #44
Cody Stegenga #50
Coach John Heerema
Coach James Broyles
Coach John Spurgeon
Manager Andy Cohen

WOMEN'S

#10 Carrie VanderMolen
#11 Courtney VanderMeer
#12 Rachel Schurman
#13 Calli Beezhold
#14 Alyssa Sheeres
#15 Nicki DeBoer
#22 Kaylin VanderMeer
#24 Jennifer Heerema
#25 Ariel Allman
#32 Renae Buiter
#35 Frankie Slayton

Coach- Douglas Robertson
Coach- Dave Heerema
Coach- Sherry Schurman
Manager- Kirsten DeBoer
Manager- Bethany Van Zyl
Manager- Morgan Van Zyl

13 WINS

6 LOSSES



BASKETBALL



Team huddle



The fans getting into the free throw



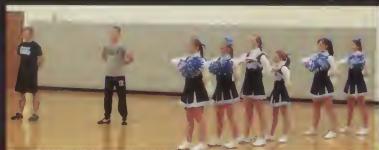
Calli goes up for the shot



Seniors Morgan, Courtney, Carrie, and Calli

CHEER!

**GO!
Fight!
Win!**



Paige, Sydney, Riley, and Tyler together for a senior photo!

Coach: Valerie Finch
assistant coach: Holly Huizenga
Sydney Schakel
Paige Dewes
Alex Holm-Hansen
Toni Forden
Katie Nieuwebeerta
Hailey Huizenga
Bella Bogaard
male lifters:
Tyler Bogaard
Riley Newsome

TRACK



Coach: Jay Starkey

Malachi Kristoff

Jacob DeBoer

Jake Bowers

Scarlet Dennis

Allison Eades

Whitney Rouster

Cody Stegenga

Andrew Cohen

Isaac Cohen

Josh Cohen

Isaac Porte

Kaiden Tolcamp



Kaiden and Jacob in long jump and high jump



Jake, Malachi, Whitney, and Allison ready to run



Josh and Cody at shotput



BASEBALL



- #2 Larz Stanford
- #4 Devin Heemstra
- #7 Tyler Bogaard
- #10 Jeff Terpstra
- #12 Quinten Stanford
- #13 Colin Quigg
- #15 Luke Dexter
- #21 Jacob Patton
- #23 Jimmy Holmes
- #24 Caleb Zuidema
- #25 David Nanninga
- #28 Sam Patton
- #30 Tim Bultema



Head Coach- Roger Boer

Assistant Coaches- Jeff Eenigenburg, Jim Holmes, and Joel Vrieland

Managers- Carly Van Ravenswaay, Courtney VanderMeer, Carrie VanderMolen

SOFTBALL

#5 Sydney Vander Tuin

#21 Heather Huizenga

#23 Megan Buitert

#9 Kaitlyn Zeldenrust

#7 Mackenna Vander Tuin

#33 Jenna Uffelman

#11 Kirsten DeBoer

#17 Karlie Klomp

#19 Renae Buitert

#25 Shannon Martin

#35 Ariel Allman

Head Coach - Doug Robertson

Assistant Coaches - Shelly Broyles and Gayle

Zeldenrust



WINS - 4

LOSSES - 14



Junior and Senior Signatures

Ol Jordie Rachel Jason Justin Dahm Kisten Debar Bethany Jordan Kisten Emily andy Goben Susanna Alex H! Larry Haman Lins Jennifer Erika Winkler

Carly Ann Courtney Mael Kallina Courtney Lindor Meets Heather Haizenga Jessy Marie Sarah Kellen Winkler 8 & 9 Rachel DeGraf John Miller Megan Elizabeth Barker Megan Elizabeth Barker Courtney Lindor Meets Jessy Marie Sarah Kellen Winkler 8 & 9 Rachel DeGraf John Miller



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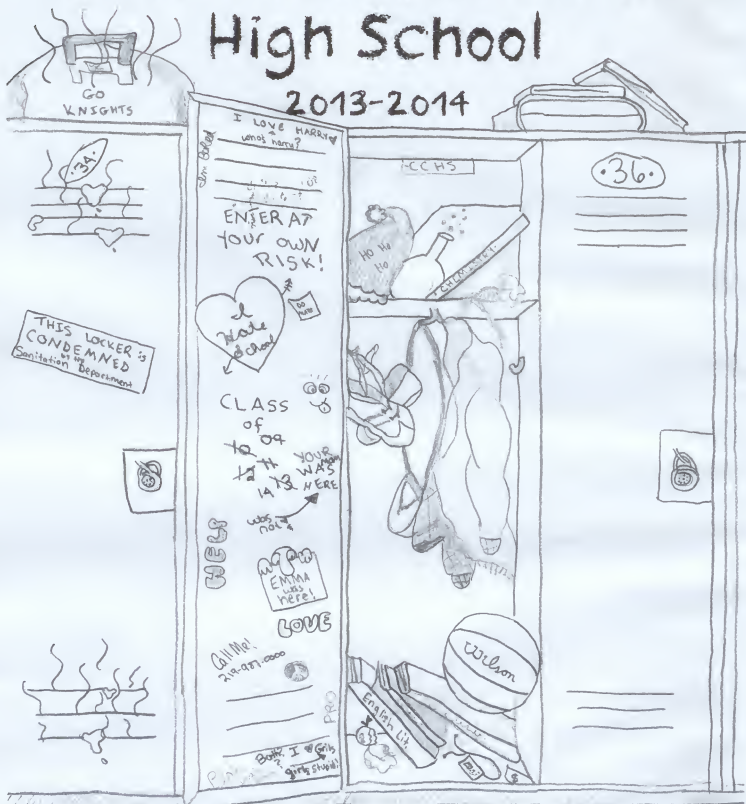
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Covenant Christian High School

2013-2014



Sometimes you will never know the value of a moment until it becomes a memory

Art by Emma Grube (10th)

The first part of the paper discusses the importance of understanding the cultural context of the research. It highlights the need for researchers to be sensitive to the values and beliefs of the communities they are studying. This is particularly important in the field of education, where cultural differences can significantly impact learning outcomes and classroom management.

The second part of the paper focuses on the methodology used in the study. It describes the qualitative approach adopted, which involves in-depth interviews and focus group discussions with participants. The researchers emphasize the importance of triangulating data from different sources to ensure the reliability and validity of the findings.

The third part of the paper presents the results of the study. It discusses the themes that emerged from the data, such as the role of family in education and the challenges faced by students from low-income backgrounds. The researchers provide a detailed analysis of these themes, drawing on the data to support their conclusions.

The final part of the paper discusses the implications of the findings for practice and policy. It suggests that educators and policymakers should take into account the cultural context of their students when designing educational programs and interventions. The researchers also highlight the need for further research in this area to better understand the complex relationships between culture and education.

the 1990s, the number of people with a diagnosis of schizophrenia has increased in the United Kingdom (Meltzer 1997, 1998).

There is a growing awareness of the need to improve the lives of people with mental health problems. The United Kingdom has a number of national strategies for mental health care (Department of Health 1999, 2000, 2002, 2003, 2004, 2005, 2006, 2007, 2008, 2009, 2010).

The Department of Health (2009) has set out a vision for mental health care in the United Kingdom. This vision is based on the following principles:

- People with mental health problems should be treated as individuals, with their own needs and wishes.
- People with mental health problems should be given the opportunity to participate in decisions about their care and treatment.
- People with mental health problems should be given the opportunity to live a full and active life.

The Department of Health (2009) has also set out a number of key objectives for mental health care in the United Kingdom. These objectives are:

- To reduce the number of people with mental health problems who are admitted to hospital.
- To improve the quality of life for people with mental health problems.
- To ensure that people with mental health problems are given the opportunity to live a full and active life.

The Department of Health (2009) has also set out a number of key priorities for mental health care in the United Kingdom. These priorities are:

- To improve the quality of care and treatment for people with mental health problems.
- To ensure that people with mental health problems are given the opportunity to live a full and active life.
- To ensure that people with mental health problems are given the opportunity to participate in decisions about their care and treatment.

The Department of Health (2009) has also set out a number of key challenges for mental health care in the United Kingdom. These challenges are:

- To ensure that people with mental health problems are given the opportunity to live a full and active life.
- To ensure that people with mental health problems are given the opportunity to participate in decisions about their care and treatment.
- To ensure that people with mental health problems are given the opportunity to live a full and active life.

The Department of Health (2009) has also set out a number of key messages for mental health care in the United Kingdom. These messages are:

- People with mental health problems should be treated as individuals, with their own needs and wishes.
- People with mental health problems should be given the opportunity to participate in decisions about their care and treatment.
- People with mental health problems should be given the opportunity to live a full and active life.

The Department of Health (2009) has also set out a number of key actions for mental health care in the United Kingdom. These actions are:

- To improve the quality of care and treatment for people with mental health problems.
- To ensure that people with mental health problems are given the opportunity to live a full and active life.
- To ensure that people with mental health problems are given the opportunity to participate in decisions about their care and treatment.

The Department of Health (2009) has also set out a number of key outcomes for mental health care in the United Kingdom. These outcomes are:

- To reduce the number of people with mental health problems who are admitted to hospital.
- To improve the quality of life for people with mental health problems.
- To ensure that people with mental health problems are given the opportunity to live a full and active life.

